

Class check-in survey

Thank you for taking the time to take this short survey! Your answers will help me make sure that you and your classmates feel safe and cared for. I am the only person who will know what answers you give, so please answer honestly.

If a question makes you uncomfortable, you may skip it. Most importantly, be honest and know that there are no right or wrong answers.

1. How are you feeling today?

- a. I'm fine
- b. A little nervous
- c. I'm freaking out
- d. Well-rested
- e. Tired
- f. Not feeling well
- g. Feeling good!
- h. Feeling claustrophobic
- i. Feeling happy!
- j. I feel like I need to talk to someone about how I feel
- k. Other_____

2. What questions do you have about school or life in general right now that I can answer?

3. What concerns do you have that might limit your ability to engage in learning activities over the next few weeks (e.g. responsibility for taking care of a sick family member, needing to share computer access with others in your house, etc.)?

4. Do you have any ideas for easy, low-effort, but fun ways to connect with each other as a class that might help distract each other if we need a happy distraction? Any and all ideas are welcome!

5. What can I do to better support you today?